



# WISDOM TEETH

What You Need to Know to Make an Informed Decision

## Are You Having Problems with Your Wisdom Teeth?

Don't worry. You are not alone. 85% of all wisdom teeth will likely need to be removed, according to the American Association of Oral and Maxillofacial Surgeons (AAOMS.)

### Are You Anxious or Concerned About the Procedure?

Relax. It's normal to feel anxious and concerned. That's why we strongly recommend that you schedule a consult with Dr. Bonine and Dr. Forgach. We'll answer all your questions about wisdom teeth and your treatment options.

### Schedule a Consultation to Learn More.

A consult with Dr. Bonine and Dr. Forgach can ease your worries. You'll learn about your wisdom teeth and find out about your treatment options as well as the available alternatives. You'll also learn about your options for anesthesia and how they can help you relax and make the procedure comfortable.

Contact Dr. Bonine and Dr. Forgach at 810.229.9180

DR. FREDRIC L.

**BONINE**

D.D.S. M.S. P.C.

WWW.DRBONINE.COM

## Experience You Can Trust

35 Years of  
Oral Surgery Experience

Over 40,000 Patients Treated

Over 100,000  
Wisdom Teeth Removed

Dr. Bonine was a part of the  
six-member AAOMS 2007  
national task force on wisdom teeth



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## Call for a Consult

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# Common Questions About Wisdom Teeth

## Do My Wisdom Teeth Need to Come Out if They Haven't Been a Problem Yet?

Not all wisdom teeth need to be removed. However, it is helpful to have a thorough consultation with an oral surgeon to help you with this decision.

## When Should I Get My Wisdom Teeth Removed?

Optimal results occur when wisdom teeth are removed by age 17 and best results with fewest complications occur up to age 25. Researchers have found that the risk of complications from surgery only increases with age.

## Help. I Am in Pain Now. What Should I Do?

Big infections come with sharp, localized pain that affect your mouth, gums, teeth and your entire body. If you are in pain now, you need to be attended to immediately or as soon as possible. Call us now at 810-229-9180.

## Will the Procedure Hurt?

Not likely. We use many anesthesia options to reduce or eliminate your discomfort and anxiety. These options can make the procedure more tolerable and relaxing, perhaps even enjoyable.

In fact, the removal of a wisdom tooth or an impacted tooth is a minor surgical operation. The entire surgery may last for a series of minutes, depending on the difficulty of the procedure, with the whole appointment lasting an hour or so.

## What is the Recovery Like?

You should expect some swelling and soreness after having your wisdom teeth removed. You may even notice slight discoloration of the skin. Don't be alarmed. This is normal. Detailed instructions and medications will be given to you to enhance your comfort during recovery, and minimize swelling. We believe in "nothing worse than sore."

## Will There Be Complications?

No complications are expected. Nevertheless, any operation carries some risk.

If the impacted teeth are in the lower jaw, they may rest near a nerve that serves the lip or tongue. While all precautions will be taken, there is a chance that the nerve will become irritated. This may result in some temporary numbness or altered feeling of the lower lip or tongue, rarely permanent, rarely bothersome.

Upper impacted teeth may be near the sinus, a hollow part of the upper jaw. Occasionally, an opening to the sinus could result, requiring special care and/or closure.

## I Have No Pain Now. Why Should I Get My Wisdom Teeth Removed?

### 1. Silent Infections

Just because you don't have pain doesn't mean that you don't have a wisdom tooth problem or an infected tooth.

It's a fact: 33% of all patients who have a wisdom tooth showing are already suffering from a "silent infection" by the age of 25.

"Silent infections" affect not only your mouth, teeth and gums but your whole body health. These painless, longstanding infections have been linked to heart disease, stroke, and low birth weight pregnancies later in life.

### 2. Unseen Damage to Teeth, Gums and Bone

Wisdom teeth can also cause damage to your teeth, gums and bone. In fact, oral surgeons report that 24% of their patients have had wisdom teeth that have damaged other teeth.

Moreover, 42% of patients exhibit gum damage from adjacent wisdom teeth.

### 3. Greater Risk of Gum Disease and Diseases of the Mouth

Not removing your wisdom teeth increases your risk for gum disease and diseases of your entire mouth over threefold.